



AMOROSI'S
MIXED MARTIAL ARTS

355 Eisenhower pky, Livingston, NJ 07039

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www.amorosikarate.com

Amorosi's Mixed Martial Arts

Class Schedule Effective 6/29/09

Category/Day Instructor	Monday Shihan	Tuesday Deshi S.	Wednesday Shihan	Thursday Sensei K.	Friday	Saturday Multiple
Pee Wee		4:30pm		5:15pm		11:30am
Child Karate	6:30pm	5:30pm	6:00pm	7:30pm		10:30am
Child *Kick-Boxing	*5:00pm			*6:30pm		
Child *Grappling		*6:30pm	*5:00pm			
Junior Karate	6:30pm	5:30pm	6:00pm	7:30pm		10:30am
Junior *Kick-Boxing	*5:00pm			*6:30pm		
*Junior Grappling		*6:30pm	*5:00pm			
Adult Karate	7:30pm	7:30pm	7:00pm	8:30pm		9:00am
Adult Grappling		*6:30pm				
Adult MMA	8:30pm	8:30pm	8:00pm			9:00am
Kata shodan-Sandan	6:00pm					10:00am
Kata Weapons				6:00pm		10:00am

* Participation Requires BBC Membership